

From Science to Clinical

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It is with immense satisfaction that the editorial board of Brazilian Journal of Clinical Medicine and Review (BJCMR) – ISSN 2965-0968 - welcomes all readers and future authors of our Journal. The main motto of the BJCMR is to present research "from the science to clinical". The research come from the scientific base to be applied in clinical.

Scientific research plays a crucial role in advancing clinical medicine by providing the evidence base for the development of new treatments and diagnostic techniques, as well as improving existing ones. This leads to better patient outcomes and improves public health. Clinical research helps to establish cause-and-effect relationships, test the safety and efficacy of new drugs, and identify risk factors for diseases. Through clinical trials, researchers can assess the real-world impact of interventions and gather data on how to optimize their use in practice. Additionally, scientific research helps to drive innovation and progress in healthcare, enabling medical professionals to stay current on the latest advances and provide the best possible care to their patients.

Additionally, Review studies, also known as systematic reviews, play a significant role in the advancement of clinical medicine. They are important because they provide an in-depth and comprehensive analysis of the existing research on a particular topic, bringing together all relevant studies to provide a synthesis of current evidence. Review studies help to reduce bias and increase the reliability of research findings by rigorously evaluating the methodology and quality of individual studies. They also provide a comprehensive overview of the state of the evidence on a particular topic, making it easier for medical professionals to stay up-to-date on current best practices.

By summarizing the available evidence, review studies also provide a strong foundation for clinical decision-making, helping healthcare providers to make informed choices about the best course of treatment for their patients. Additionally, review studies can identify areas where further research is needed, helping to guide future studies and advancing the field of medicine as a whole. Finally, review studies are crucial for advancing clinical medicine by providing a comprehensive, up-to-date, and reliable evidence base for decision-making and practice.

The BJCMR arises with the aim of uniting these two paths: scientific research and review studies in the continuous search for scientific advancement in the field of clinical medicine and all its sub-areas. BJCMR is an international, open access, quarterly publication with continuous editorial and publication flow, and double-blind peer-reviewed publication featuring original contributions of interest to human health researchers. Since 2023 BJCMR focuses on the dissemination of clinical studies that demonstrate rare and important findings that stand out in the medical field. The Journal features the following sections: *Original Research*; *Experience Reports*; *Health Review*; *Medical Hypothesis*; *Letter to editor (Correspondence or Comments)*, all topics may related with human or health education studies.

The journal will cover technical and clinical studies related to *Clinical Medicine*, *Dentistry*, *Nursing*, *Physical education*, *Physiotherapy*, *Cardiology*, *Gastroenterology* &

Hepatopancreatobiliary Medicine, Clinical Neurology, Oncology, Orthopedics, Endocrinology & Metabolism, Nephrology & Urology, Epidemiology & Public Health, Stomatology, Pulmonology, Ophthalmology, Obstetrics & Gynecology, Immunology, Hematology, Clinical Psychology & Psychiatry, Otolaryngology, Dermatology, Emergency, Clinical Pharmacology, Health Education.

Our mission is the publication and digital visibility of national and international scientific research in the health area, with a focus on open access publications, which seek to disseminate the results of relevant scientific studies, peer-reviewed by a qualified editorial board, valuing quality, impact, and its scientific and social relevance.

Welcome to Brazilian Journal of Clinical Medicine and Review.

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